When a Relationship is Changing

I write this to you, my love, partner, friend and co-creator of shared life events. I speak this aloud to the universe, knowing that all aspects of creation are connected.

Having stepped into love and light, I am in the center of happiness and truth. I regret that I didn't have the courage or self-discipline to find such clarity earlier.

Because you were so big, vital and important to me, I gave you much of my focus and attention. In doing so, without meaning to, I used you to train me into a mindset and vibration that separated me from me. Somehow, I believed this would be of service to everyone involved - and the universe. Please forgive me.

I loved you so much that I stayed with you for a long time. In this process, I assumed that I could find the depth of my joy and my Self, but as it turns out, this was only true for a time.

As I became more awake and aware, I learned that I couldn't NOT be me and BE ME at the same time. I knew I had to put some space between us. This gave me the time to train myself back into alignment with who I truly am.

I love life and I feel good about myself. I want joy and light for me and for you, always. I will always want to see the best in you and others.

The struggle that you and I experienced caused me to forget that I love living a truthful and abundant life. In choosing our relationship over me, I became confused.

It is my responsibility to own all that I feel, which often consumes me. Please forgive the confusion that I may have introduced to our relating and home. Please forgive my less-than perfect communications that became hurtful to you.

If we are to be fair and kind to each other, I will never hold you responsible for how you feel, and you will never hold me responsible for the way I feel. Feelings are a result of our minds and hearts responding to events. We did the best we could at the time.

My love for you is full, but now with a different purpose. I am grateful for all that I have learned through you and with you. I honor you as a beautiful mirror and I share these thoughts with love and light in my heart.

Channeled and Edited by Paul Wagner and Esther Hicks

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