

The Releasing a Life Ritual

A healing ceremony for abortions and other losses of life

For Both Women and Men

You are invited to make this your own in any way

Compiled and created by Paul Wagner (PaulWagner.com)

Dear beautiful and loving woman/man,

The child that lived within you loves you and they need to know that they are loved. They also need to be released from this life, which only you can assist in. If you do not release this child from your sphere and your root chakra, you will continue to attract situations that magnetize guilt and complicated projections in the areas of creativity, love, romance, male vs. female power and hatred. You will fail to fully love yourself and you will therefore not be able to fully love another.

The Ritual

Needed: 2 Roses, a rosary, mala or prayer book.

1. Go to a florist and buy 2 of the most beautiful roses you can find.
2. Take these roses to a private cemetery and find a remote area where you can be alone. Sunset, one hour before closing is always a good time. It's best to scout the location before hand so that you can be assured of a safe and quiet place.
3. Open with a prayer to your higher power or God by saying something like this:

Dear God, I am your child and I sit before you humbly and with an open heart. I welcomed a soul into this world and then denied them entry into the world by having an abortion. Given the circumstances of my life at the time and my understanding of my life and my power, I did the best I could at the time. I bow before you, a child who knows little of the miracles you can perform - only that I believe in miracles and I believe in your boundless love. Please guide me in this ritual today so that my child may be free and so that I may become whole to better be in your service. I know that I am love and I know that through you I can manifest great things. I ask the protection of all the saints and avatars that have come before me. I pray that Michael and the archangels give me strength and courage so that I may let go on a deep level. I pray that I may release all guilt, fears and blocks regarding this event. I pray that once this soul is released from my care and heart, that you go with them and that you go with me - filling in any void in both of us. I pray this with the deepest sincerity and faith. Amen

4. Talk to the Child, who now lives in a place between this earthly life and the greater soul collective of this universe.

My dear child, I love you. I will always love you. You were perfect as you were conceived and you were perfect in my mind and heart since you began your life in my belly. I loved feeling you and knowing you for the time that we shared. You were not at fault for my misgivings about being pregnant. Because I was confused about life and love, I let you go. I am vulnerable and open before you today to say I admit that I have been unable to fully let go because of my love for you. This is my shortcoming.

Because I know that you are living in a place that does not allow you to be free, I hereby release you fully so that you may fulfill your soul's mission and go back to God. I pray that God give you the grace to understand me and my choices. And I pray that God take away any hurt that I may have caused you. Please be free and know that I am free. And please know that I am well with God and myself.

You need not tarry near me in spirit. You may go to the light and be embraced by the most holy God. I pray that you feel my love and I pray that you feel whole as we both let go. I love you (repeat i love you until you release every grain of remembrance and feeling at the very core of your being....)

5. Thank God for his love. Pray this prayers and other prayers you may have with you.

Dear God, Thank you for this day and for this ritual. I leave behind two roses. One for the soul that I have released into your care. And one for the soul that lives within me. I pray for your love and forgiveness in this moment and I thank you for being free. I pray you heal me of the energies that have since come my way that are related to this event. I pray that all involved. I pray for forgiveness from the man with whom I had this child. And I pray that I may forgive him. Our Father, who art in heaven.....

6. Leave the two roses in a hidden place so that the spirits may see your gift.

7. Do not leave until you have prayed every prayer and cried every tear. Do not leave until you forgive all parties involve and until you understand that you are forgiven.

8. When you are done, you are done.

9. Leave and know that you are forgiven and know that you and the soul you once cared for are free.

10. Never give thought to this event again. It no longer exists.

With love, Paul Wagner - PaulWagner.com